

School of the Arts 2019 Fall Practice Schedule



JV AND VARSITY TEAMS (Begins Aug. 19, 2019 unless otherwise noted)				
COACH	EMAIL	PHONE #	PRACTICE SITE/TIME	
Girls Varsity Soccer	Ms. Hercules nmhercules@gmail.com	305-1136	East H.S. - Mon. - Sat. 9:00 - 11:00 am	
Boys Varsity Soccer	Mr. Figueroa eduardofigueroa2009@yahoo.com	284-6545	School #46 - Mon. - Fri. 6:30 - 8:00 pm	
Boys Varsity Volleyball Begins Aug. 26th)	Mr. Nash albert.nash@rcsdk12.org	615-2489	SOTA / #33 Gym - Mon. - Fri. 3:00 - 5:00 pm	
Girls Varsity Volleyball - (Begins Aug. 20th)	Ms. Newman susan_newman@boces.monroe.edu	469-6479	SOTA /#33 Gym - Mon. - Fri. 10:00 - 12:00 pm	
Girls JV Volleyball - (Begins Aug 20th)	Ms. Coccia michelle.coccia@rcsdk12.org	750-8198	SOTA /#33 Gym - Mon. - Fri. 10:00 - 12:00 pm	
Co-ed Varsity X-Country	Mr. O'Toole brendan.otoole@rcsdk12.org	615-3418	Cobbs Hill - Mon. - Fri. 9:00 -11:00 am	
Girls Varsity Swimming	Mr. Nau <a href="mailto:Nau,Austin<Austin.Nau@rcsdk12.org>">Nau, Austin <Austin.Nau@rcsdk12.org>	857-5356	Freddie Thomas Mon - Fri 3:30 -5:30	
SOTA/Edison Varsity & JV Football	Mr. Sowers matthew.sowers@rcsdk12.org	(607) 426-0538	Edison High School - Mon. - Fri. 2:45 - 5:00 pm	
SOTA /Edison Varsity Girls Tennis	Ms. Specksgoor gina.specksgoor@rcsdk12.org	732-9950	Cobbs Hill - Mon. - Fri. TBA	
SOTA/Wilson Girls Varsity Cheerleading	Ms. Parchment garonia.parchment@rcsdk12.org	944-0319	Edison H.S Auditorium - Mon. - Fri. 2:45 - 5:00 pm	
Begin Sept. 9, 2019 except Football				
COACH	EMAIL	PHONE #	PRACTICE SITE/TIME	
Girls Modified Soccer	Ms Tapper brenda.tapper@rcsdk12.org	360-6879	School # 1/ MAG - 3:00 - 5:00 pm	
Boys Modified Soccer	Mr. Tan tony.tan@rcsdk12.org	576-4160	School # 1/ MAG - 3:00 - 5:00 pm	
Girls Modified Volleyball	Ms. Smith la-Toria.smith@rcsdk12.org	500-2558	School #33 - 3:00 - 5:00 pm	
Boys Modified Volleyball	Mr. Pittinaro paul.pittinaro@rcsdk12.org	820-3841	School #33 - 3:00 - 5:00 pm	
Modified Cross Country (Begins Aug. 26th)	Ms. Lawson stephanie.lawson@rcsdk12.org	545-1900	Cobbs Hill - Mon. - Fri. 9:30 -11:00am	
SOTA/EAST Modified Football-Begins Aug 22	Mr. Mitchell quinton.mitchell@rcsdk12.org	(646) 709-1948	East H.S. - 3:30 - 5:30 pm (Practice begins on Aug. 22, 2018)	